

SAOA CONFERENCE AND EXHIBITION 2026: PROGRAMME

DAY 1					
27 AUGUST 2026					
TIME	TRACK 1 – ROOM 11	TRACK 2- ROOM 12	TRACK 3- ROOM 21	TRACK 4- ROOM 22	WORKSHOP- HALL 2BH
08:50-09:00 Product Burst		Bausch&Lomb	CooperVision		
09:00-09:50	ARTIFICIAL INTELLIGENCE: (AI)	PAEDIATRIC VISION	CONTACT LENSES	LOW VISION	SAFILO WORKSHOP
	<i>Chair: Ms Martelie Burger</i>	<i>Chair: Prof Tuwani Rasengane</i>	<i>Chair: Mr Enrique Nzula</i>	<i>Chair: Prof Ingrid Metsing</i>	
	Teleretina in the primary care setting. Dr Tareq Issam Nabhan	Digital Device use in Children. Dr Glen Steele	The Good, Bad and the Ugly of Scleral lens fitting. Ms Marilize Le Roux & Ms Annelize van Zyl	Matching Patient Goals with Bi-optic Solutions: The Optometrist's Role. Mrs Hazel Sachorowitz	
09:50-10:00 Product Burst		Damar by Mr Martin Freed			
10:00 - 10:30	TEA BREAK & EXHIBITION- HALLS 2CDE & 3ABC				
10:25 10:35 Product Burst	ACS Pharma by Ms Petra Heinemann	Moscon	SIMA Eyewear		CONTACT LENS WORKSHOP
10:35-11:25	RESEARCH (AI)	PAEDIATRIC VISION	CONTACT LENSES	PUBLIC HEALTH	Basic scleral handling techniques and care regiment. Ms Marilize Le Roux & Ms Annelize van Zyl
	<i>Chair: Ms Martelie Burger</i>	<i>CHAIR: Prof Tuwani Rasengane</i>	<i>Chair: Mr Enrique Nzula</i>	<i>Chair: Ms Ntombi Zitha</i>	
	Innovation in Optometry. Dr Naimah Khan	Visual Examination of the Preschool Child: Foundations for Lifelong Vision. Dr Marietjie Richter	Navigating Contact Lens Complications: Preparing for 2030 and beyond. Ms Dina Bornman	Impact of eyecare health promotion on school communities in the Free State, South Africa. Mr Xolani Nyathela	
11:25-11:35 Product Burst		EssilorLuxottica by Ms Nicoleen de Abreu			
11:35 - 12:35	OPENING CEREMONY- HALL 2AF/BH				
12:35 - 13:35	LUNCH, EXHIBITION & POSTERS (8) - HALLS 2CDE & 3ABC				
13:35 - 13:45 Product Burst			Equator Optix	KZN Tourism & Film	WORKSHOP
13:45-14:40	PAPERS: VISION SCIENCE	OCULAR PATHOLOGY	DISPENSING	PUBLIC HEALTH	
	<i>Chair: Mr Anthony Carlson</i>	<i>Chair: Mr Dollars Boloka</i>	<i>Chair: Ms Marna Pieterse</i>	<i>Chair: Prof Tuwani Rasngane</i>	
	Inter-examiner reproducibility of subjective refraction. Prof Solani Mathebula	Ocu-Path Challenge from Image to Intervention: Clinical Decision-Making Under	Rethinking Frame Design: Aligning Spectacle Fit with African Facial	WHO Specs: An Opportunity Optometry cannot afford to ignore. Prof Kovin Naidoo	ESSILORLUXOTTICA WORKSHOP Ms Maritjie Cilliers

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	Ocular biometry of African eyes differs significantly from that of European eyes. Dr Tanya Evans	Pressure. Prof Nabeela Hasrod	Anthropometry. Mr Sanele Buthelezi		
	Effect of Menstrual Cycle on Central Corneal Thickness. Ms Seyuri Bisetty & Dr Naimah Khan				
14:40 -14:50 Product Burst			FrontierCo Vision		
14:50 - 15:10	TEA BREAK & EXHIBITION - HALLS 2CDE & 3ABC				
15:15 - 16:15	PAPERS: EPIDEMIOLOGY	OCULAR PATHOLOGY	LOW VISION	PAEDIATRIC VISION PANEL	DISPENSING WORKSHOP
	Chair: Dr Raymond Mabaso	Chair: Ms Caroline Berry	Chair: Ms Elmarie Grendele	Chair: Prof Ingrid Metsing	Chair: Ms Marna Pieterse
	The Effect of Vaping on Tear Film Stability Among University Students: A Cross-Sectional Study. Prof Tuwani Rasengane	How to Elevate your Glaucoma Diagnosis and Treatment Effectively. Prof Prithipaul Ramkissoon	Low vision: What should I be doing in a low vision examination and can I really help this patient? Ms Annelize van Zyl	Big considerations for little people. Dr Glen Steele, Dr Casandra Seethal & Dr Naimah Khan	Trouble Shooting in Dispensing – How to Manage the come-back patient. Dr Prince Asenso & Mr Anthony Carlson
	Prevalence and Determinants of Vernal Conjunctivitis. Mr Thendo Mashudu				
	Strengthening Eye and Metabolic Health Evidence in Sub-Saharan Africa. Prof Tuwani Rasengane/Prof Levi Osuagwu				
16:20 - 17:20	PAPERS: PUBLIC HEALTH	OCULAR PATHOLOGY	LOW VISION	ETHICS	OPTIMAX WORKSHOP
	Chair: Dr Raymond Mabaso	Chair: Ms Caroline Berry	Chair: Ms Elmarie Grendele	Chair: Mr Harry Rosen	
	Readiness of Undergraduate Optometry Students for Sustainable HealthCare: Knowledge, Attitudes, and Practices. Dr Rayishnee Pillay	Dry Eye Disease Across Diverse Populations and Challenging Environments: Insights from Saudi Arabia. Prof Waleed Alghamdi	Healthy Eyes, Healthy Life and The World in our Pocket. Mr Manny Moodley & Ms Victoria Musimbo	Navigating Medical Malpractice in a Digital Age: Ethics, Risk, and Resilience. Ms Fia Samuels & Ms Noleen Podrouzek	
	Eye Care for the Deaf and Hard of Hearing: A Systematic Review. Dr Joas Ramaja				
	Towards Sustainable Clinical Practice: A Decision-making model for Waste Management in Optometry. Dr Ravishnee Pillay				

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17:30 - 21:00	COCKTAIL EVENING CO-SPONSORED BY COOPERVISION: EXHIBITION ARENA: HALLS 2CDE & 3ABC
DAY 1: CPD = 8 POINTS	

DAY 2					28 AUGUST 2026	
TIME	TRACK 1 – ROOM 11	TRACK 2- ROOM 12	TRACK 3- ROOM 21	TRACK 4- ROOM 22	CAMP SIDE STORY & STUDENT PRESENTATIONS - HALL 2AF	WORKSHOP- HALL 2BH
07:00-08:00						EYESPACE- WORKSHOP
08:00 - 09:00	BINOCULAR VISION	CONTACT LENSES	NEURO-OPTOMETRY	SPORTS VISION	SAOSA PRESENTATION	MYOPIA MANAGEMENT WORKSHOP
	Chair: Prof Solani Mathebula	Chair: Mr Charl van Zyl	Chair: Ms Leane Cilliers	Chair: Mr Quinton Hinrichsen	Chair: Mr Harry Rosen	Chair: Ms Martelie Burger
	Binocular vision considerations in Myopia. Prof Alvin Munsamy	Managing Contact Lenses in the Paediatric Population. Dr Khaled Alzahrani	Effects of concussion on the visual system. Ms Catherine McCarthy	Visualisation Assessment and Training Among University Football Players. Dr Joas Ramaja	Welcome. Mr Harry Rosen Introduction. Ms Nivien Subramany SAOSA: The Concept. Ms Priya Naicker The Student Community. Ms Margueritte Menga The Student Journey. Ms Talona Pillay Needs vs Wants. Ms Amy Jones	The latest advancements in Binocular Vision and Myopia Management. Ms Ilse Homan
09:00 - 09:10 Product Burst	Carl Zeiss Vision by Mr Desigan Maistry	Alcon by Dr Marsha Oberholser			SAOSA Membership. Ms Fulufhelo Thangavhuelelo	WORKSHOP
09:10-10:00	BINOCULAR VISION	CONTACT LENSES	NEURO-OPTOMETRY	SPORTS VISION	SAOSA PRESENTATION	
	Chair: Prof Solani Mathebula	Chair: Mr Charl van Zyl	Chair: Ms Leane Cilliers	Chair: Mr Quinton Hinrichsen	Chair: Mr Harry Rosen	
	Investigating an acute symptom of double vision with no history of trauma: A systematic approach to the examination. Dr Nashua Naicker	Contact lens options for managing pediatric myopia. Dr Obinwanne Chukwuemeka	I spy with my pupil: Traumatic Brain Injury (TBI). Mr Dharmendra J Bhoola	Promoting Active Lifestyles for Visual Impairment: A Vision Beyond Sight. Ms Lindsay Engelbrecht	Expectations. Mr Laeeq Bray The Relevance. Mr Dollars Boloka Quo Vadis. Mr Patrick Mawila PANEL DISCUSSION	ACCUVUE WORKSHOP- 09:30 - 10:30
10:00- 10:35	TEA BREAK & EXHIBITION - HALLS 2CDE & 3ABC					

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10:25 - 10:35 Product Burst	GEMS		Safilo	Optimax by Ms Terushka Naidoo & Ms Rehana Gafoor	STUDENT CLOSING ADDRESS 10:25-10:45	CONTACT LENS WORKSHOP
	PAPERS: SPORTS VISION	MENTAL HEALTH	MYOPIA	DISPENSING	CAMP SIDE STORY	
	<i>Chair: Mr Patrick Mawila</i>	<i>Chair: Ms Sandy Govender</i>	<i>Chair: Ms Martelie Burger</i>	<i>Chair: Ms Prelina Ramkissoo</i>	<i>Chair: Prof Nabeela Hasrod</i>	
10:35-11:25	Vision and Sports Science: A Systematic Review. Dr Joas Ramaja	Mental health in African higher education: what data and experiences in Mozambique tell us. Dr Isaura Brito Dos Santos	How Have Animal Models Increased our Understanding of Human Myopia? Prof Mark Bullimore	Progressive lens Dispensing Masterclass. Mr Derek McCarthy		Assessing keratoconus risks and fitting contact lenses in low resource contexts. Prof Vanessa Moodley, Ms Yurisa Naidoo, Dr Nonkululeko Gcabashe & Mr Salmon Schoeman
	Short-Term Effects of Exercise on IOP Among Two South African University Student Athletes. Dr Dimakatso Given Mashala				Growing into Confidence. Ms Lesedi Mphahlele	
					Helping The Child I Once Was. Ms Noxolo Mahlangu	
					Access to eyecare in rural South Africa: Bridging the gap with mobile clinics. Ms Kirthi Rewasankar	
11:25-11:35 Product Burst			Optic Trade Links: Myopilax			
11:35 - 11:45 Product Burst		Eurotech Optical by Mr Solly Moosa	HOYA			WORKSHOP
11:45-12:45	PAPERS: POLICY	NEURO OPTOMETRY	MYOPIA MANAGEMENT PANEL	DISPENSING	CAMP SIDE STORY	CONTAMAC WORKSHOP
	<i>Chair: Prof Solani Mathebula</i>	<i>Chair: Ms Leane Cilliers</i>	<i>Chair: Mr Dollars Boloka</i>	<i>Chair: Ms Prelina Ramkissoo</i>	<i>Chair: Prof Nabeela Hasrod</i>	
	A Strategic Framework for Vision Screening Standards for Driving in South Africa. Dr Tsholofelo Tamenti	Hidden Chemistries: The Link Between Concussions and Motor Neuron Disease. Mr Dharmendra J Bhoola	Understanding the Myopia Pandemic. Prof Mark Bullimore, Mrs Martelie Burger & Ms Ilse Homan	Dispensing pearls, processes and procedures for vision excellence. Ms Jorina Lombard	Staying Open-Minded when seeing patients in Optometry. Ms Betty Thobakgale	
	Health Regulation Policy Shaping the Landscape for Optometry. Ms Yurisa Naidoo				Investigating the Accuracy and Agreement of Cyclodamia and Borish Delayed Refraction Test Compared to Cycloplegic Refraction in Myopia and Hyperopia. Ms Fezile Nkosi	
					The Optrex Blink test. Ms Kiara Kisten & Mr Nihal Singh	
					Through a Different Lens: A Call for Equitable Eye Care in Rural South Africa. Mr Thabiso Chili	

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12:45 - 13:45	LUNCH, EXHIBITION & POSTERS (4)- HALLS 2CDE & 3ABC					HOYA WORKSHOP
13:45 - 14:40	PAPERS: LOW VISION/CLINICAL OPTOMETRY	CONTACT LENSES	THERAPEUTICS	OCULARISTRY	CONTACT LENSES	COOPER VISION WORKSHOP
	<i>Chair: Ms Marna Pieterse</i>	<i>Chair: Mr Pieter Naude</i>	<i>Chair: Mr Dollars Boloka</i>	<i>Chair: Mr Harry Rosen</i>	<i>Chair: Dr Naimah Khan</i>	
	Comparative Assessment of Diurnal Variations Across Intraocular Pressure Measurement Devices. Dr Mahwash Khan	Orthokeratology for Myopia, Hyperopia, Astigmatism and Presbyopia. Mr Chris Eksteen	The Evolving Landscape of Glaucoma Management. Dr Sarah Gleason	The Magic of Ocularistry. Ms Gail Altona & Ms Beryl Carvalho	Breaking Barriers: Building Your Specialty Lens Practice with Confidence. Dr Elizabeth Chetty	
	A comparison of Patient – Reported Dry Eye Symptoms Using the Ocular Surface Disease Index (ODSI). Mr Percy Khosa					
14:40 - 15:35	PAPERS: EPIDEMIOLOGY/MENTAL HEALTH	CONTACT LENS PANEL	OCULAR THERAPEUTICS	PAEDIATRIC VISION	MYOPIA	BINOCULAR VISION WORKSHOP
	<i>Chair: Ms Marna Pieterse</i>	<i>Chair: Mr Pieter Naude</i>	<i>Chair: Mr Dollars Boloka</i>	<i>Chair: Prof Tuwani Rasengane</i>	<i>Chair: Dr Naimah Khan</i>	<i>Chair: Ms Martelie Burger</i>
	Evaluation of the risk of Keratoconus (KC) among secondary school learners in the Tshwane Metropolitan Municipality of Gauteng Province, South Africa. Ms Lebohang Ntlabathi	The Future of Contact Lenses. Dr Khaled Alzahrani, Dr Obinwanna Chukwuemeka, Dr Elizabeth Chetty & Prof Vanessa Moodley	Beneath The Surface: Branded Versus Generic Ophthalmic Drugs. Mr Dharmendra J Bhoola	Small Means, Big Impact: Advancing Paediatric Vision and Eye Health in South Africa. Dr Casandra Seethal	Myopia Management: What I know now, that wish I'd known then. Prof Mark Bullimore	Binocular vision made simple. Prof Alvin Munsamy
	The Association between Cataract and Visual Function in Elderly Patients in Limpopo, South Africa. Mr Moshe Makombela					
15:35-15:55	TEA BREAK & EXHIBITION - HALLS 2CDE & 3ABC					
15:55-16:05 Product Burst		EyeSpace by Mr Charl Laas				
	PAPERS: SPECIAL INTEREST CONTACT LENSES/ PAEDS	OCULAR PATHOLOGY	ETHICS	PAEDIATRIC VISION	CAMP SIDE STORY	VISUAL OPTIC SCIENCE WORKSHOP



16:05 - 17:00	Chair: Prof Solani Mathebula	Chair: Ms Ntombi Zitha	Chair: Mr Harry Rosen	Chair: Mr Patrick Mawila	Chair: Prof Prithipaul Ramkissoon	Chair: Prof Nabeela Hasrod
	Contact Lenses: South African Optometrists' Contact Lenses Prescribing Practices. Ms Woanda Tshidino	Maximizing Dry Eye Diagnosis and Management Using Everyday Clinical Techniques. Prof Waleed Alghamdi	To Follow or Not to Follow? The Ethical Imperative of Clinical Guidelines in Optometry. Dr Ansunel de la Rey & Ms Yurisa Naidoo	Fetal alcohol syndrome and its effects on the visual system of children. Prof Ingrid Metsing	Medical Gaslighting-Who is affected, and how to avoid it. Dr Carel Masemola	From laboratories to the real world: the China Eye Valley model. Prof Yi Gao
	Paediatric Vision: Exploring the Management modalities for the pediatric population presenting with binocular vision anomalies in public health care facilities in Limpopo South Africa. Ms Ennie Maribeng				Strengthening human resources to achieve who's 2030 refractive error targets in South Africa. Prof Tuwani Rasengane & Dr Haseena Majid	
	Paediatric Vision: Development of a Children's Visual Function Quality of Life (CVF-QoL) Instrument for Rural School-Going Children with Visual Impairments Within a South African Context: Item Generation and Validation. Dr TSS Magakwe				Assessing knowledge and perceptions of South African optometrists on the National Health Insurance. Dr Zamadonda Xulu-Kasaba, Ms Zoe Dhawraj & Ms Thobeka Mathenjwa	
18:30 for 19:00-23:45	SAOA GALA DINNER: HALL 1 A					
DAY 2: CPD = 8 POINTS						

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DAY 3

29 AUGUST 2026

TIME	TRACK 1 – ROOM 11	TRACK 2- ROOM 12	TRACK 3- ROOM 21	TRACK 4- ROOM 22	CAMP SIDE STORY - HALL 2AF	WORKSHOP- HALL 2BH
07:00-08:00						OPTIC TRADE LINKS WORKSHOP
08:00 - 08:50	PAPERS: OCULAR PATHOLOGY/ AI	OCULAR PATHOLOGY & THERAPEUTICS	VISION SCIENCE	PAEDIATRIC VISION	CAMP SIDE STORY	MYOPIA MANAGEMENT WORKSHOP
	<i>Chair: Mr Patrick Mawila</i>	<i>Chair: Mr Tshepo Malatji</i>	<i>Chair: Prof Nabeela Hasrod</i>	<i>Chair: Prof Ingrid Metsing</i>	<i>Chair: Ms Nivien Subramany</i>	<i>Chair: Mr Dharmendra J Bhoola</i>
	Ocular Pathology: Recent Advances in Corneal Cross Linking. Ms Ayesha Suliman	Great Clinical Pearls of Ocular Therapeutics Cases. Prof Prithipaul Ramkissoon	The future of vision science: Innovation, Technology and Patient Care. Dr Adeline Yang	Seeing through Autistic Eyes. Mr Abdurazaak Abdol	Loving optometry still in 2026. Ms Leane Cilliers	Myopia Management: how do I know it's working? Prof Mark Bullimore
	Ocular Pathology: Meibomian Gland Dysfunction: An Ocular Surface Profile in Keratoconic Patients Attending an Eye Clinic in Johannesburg. Mr Adam Choma				Evaluation of the JENVIS Pro Dry Eye Report as a Diagnostic Tool for Dry Eye Disease in a University Clinic. Ms Tebatso Tsotetsi	
	AI (Emerging Technologies): Exploring the Integration of Augmented Reality in Optometric Practice. Ms Seyuri Bisetty				Reimagining Access to Eye Care Delivery in SA: Lessons from the Atlantis Eye Care Project. Mr Frederik Jansen	
08:50-09:00 Product Burst			Optic Trade Links - i-Lax			
09:00 - 09:55	PAPERS: EPIDEMIOLOGY	AI TECHNOLOGY	VISION SCIENCE	PAEDIATRIC VISION	CAMP SIDE STORY	PEADIATRIC WORKSHOP
	<i>Chair: Dr Raymond Mabaso</i>	<i>Chair: Mr Tshepo Malatji</i>	<i>Chair: Prof Nabeela Hasrod</i>	<i>Chair: Prof Ingrid Metsing</i>	<i>Chair: Mr Enrique Nzula</i>	<i>Chair: Mr Quinton Hindrichsen</i>
	Determinants of Eye Care Seeking Behaviour Among Grade 8 - 12 Learners in Giyani, South Africa. Mr Justice Mulungwa	AI for an Eye. Dr Tareq Issam Nabhan	Are visual perception and visual functions affected in myopic populations? Prof Yi Gao	It's Not Rare If It's in Your Chair: Clinical Recognition of Genetic Disorders in Optometric Practice. Dr Ansunel De La Rey & Ms Chantelle Brits	Traumatic Thrills: The Impact of G Forces on Vision. Mr Dharmendra J Bhoola	Just Look Retinoscopy and Child Development. Dr Glen Steele
	Barriers to the accessibility of Eye and Vision Care Services in Gqeberha, Eastern Cape. Ms Anche Oosthuizen				I can't read through these new glasses. Prof Prithipaul Ramkissoon	
	A retrospective Analysis of the Prevalence of Non Strabismic Binocular Vision Anomalies Among University Students: A cross-sectional study. Mr Justice Mulungwa				Scoliosis - Go Left, to go Right. Mr Abdurazaak Abdol	
					A Whole New World in Sight: Restoring Lives with Scleral Lenses—Reflections	



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					from the Camp side. Ms Dina Bornman	
09:55 - 10:15	TEA BREAK & EXHIBITION - HALLS 2CDE & 3ABC					
10:15 - 11:15	OCULAR PATHOLOGY	PUBLIC HEALTH	ETHICS	DISPENSING	OCULAR PATHOLOGY	OCULAR THERAPEUTICS WORKSHOP
	<i>Chair: Dr Naimah Khan</i>	<i>Chair: Mr Thendo Mashudu</i>	<i>Chair: Ms Jenny Gopal</i>	<i>Chair: Ms Martelie Burger</i>	<i>Chair: Ms Nivien Subramany</i>	<i>Chair: Prof Prithipaul Ramkissoon</i>
	DEWS III - Key changes to diagnosing Dry Eye Disease. Ms Marilize le Roux	Humanitarian values in Optometry. Dr Tareq Issam Nabhan	Ethical Quagmires with 2030 In Sight. Mr Harry Rosen	Through the looking glass. Mrs Prelina Ramkissoon	Gamification in Paediatric Vision Therapy: The opportunities and challenges. Ms Priyanka Jugdeo	Clinical Decision-Making in Glaucoma: Interactive Case-Based Workshop. Dr Sarah Gleason
11:15 - 12:15	OCULAR PATHOLOGY:	LOW VISION	ETHICS	DISPENSING PANEL	RESEARCH	
	<i>Chair: Dr Naimah Khan</i>	<i>Chair: Ms Ntombi Zitha</i>	<i>Chair: Ms Jenny Gopal</i>	<i>Chair: Ms Marna Pieterse</i>	<i>Chair: Ms Nivien Subramany</i>	
	Leukocoria- All white pupils are not due to cataract. Dr Mologadi Ntsoane	Clinical Pearls of Low Vision. Ms Hazel Sachorowitz	A Whole New World: An ethical Perspective. Dr Pheagane Nkoana	Optical Dispensing: The art and the science. Mr Anthony Carlson , Ms Prelina Ramkissoon , Mr Prince Asenso & Ms Angelique Walbrugh	Photobiomodulation in Ocular Therapy– The future of non-invasive treatments for ocular surface and retinal diseases. Ms Marietjie Cilliers	
12:30 - 13:30	CLOSING CEREMONY: EXHIBITION ARENA - HALLS 2CDE & 3ABC					
13:30 - 14:30	LUNCH, EXHIBITION & POSTERS (4) - HALLS 2CDE & 3ABC					
DAY 3: CPD = 4 POINTS						

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POSTER PRESENTATIONS		
Day 1 – 27 August 2026		
Knowledge and practices of South African optometrists regarding childhood myopia management	Ms Shivani Naipal	MYOPIA MANAGEMENT
Eye safety practices and knowledge of occupational hazards among workers in selected quarry mines, Limpopo province, South Africa.	Ms Thudzelani Mukwevho	OCCUPATIONAL OPTOMETRY
Myopia Control Awareness and Practices of Optometrists in Kwa-Zulu Natal, South Africa	Dr Urvashni Nirghin	MYOPIA MANAGEMENT
Normative Interpupillary Distance Measurements Among Different Ethnic Groups in Witbank, Mpumalanga	Ms Bevily Nukeri	OTHER
Preference in usage of spectacles and low vision devices by visually impaired students at the University of Limpopo	Ms Gloria Ramonyai	LOW VISION
Prevalence of refractive error Among Children presenting at selected private optometry practices in Witbank, Mpumalanga	Ms Bevily Nukeri	PEADIATRIC VISION
Ready-made readers vs CR-39: A study of refractive index, clarity, and scratch resistance	Ms Mieke Vermeulen	RESEARCH
Lead time of optometry services in selected public hospitals in rural South Africa	Ms Mapula Precious Rapao	PUBLIC HEALTH
Day 2- 28 August 2026		
Protocol Overview of a Controlled Clinical Trial Evaluating the Efficacy of Myopia Control Lenses in African Children	Ms Asiphe Tobotshane	MYOPIA MANAGEMENT
Retinal nerve fibre layer thickness of male rugby players at the University of the Free State	Ms Siddeeqa Jhetam	SPORTS VISION
Vision-Specific Tools for the Assessment of Health-Related Quality of Life (HR-QoL) in Children and Adolescents with Visual Impairment: A Scoping Review	Dr T Sello Simon Magakwe	RESEARCH
Knowledge, attitude and perception of dry eye among students of the University of Benin	Mr Oghenekume Oghenetega	PUBLIC HEALTH
Day 3- 29 August 2026		
Viewing distance of smartphone users: a comparison between sitting and standing postures	Dr Nishanee Rampersad	OTHER
Integrating Private Optometry with Community Screening: A Cross-Sectional Study of Eye Care Access Amongst SASSA Pensioners in Atlantis	Mr Frederik Jansen	PUBLIC HEALTH
An evaluation of peripapillary choroidal vascularity index and choroidal thickness in low to moderate myopia	Dr Lungile Buthelezi	RESEARCH
The visual acuity, refractive error and stereopsis in children with mild and moderate intellectual disabilities in the Capricorn District Municipality, Limpopo Province	Ms Lorato Segwati	PEADIATRIC VISION